

PREVENTION WEDNESDAY

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City of Baltimore

Health Department

National HIV/AIDS Testing Day

Did you know?

- Approximately 1 in 40 people in Baltimore have HIV/AIDS as of 2006.
- Women, particularly African American women, are at risk of getting HIV. In Baltimore and the surrounding areas, African American women are 17x more likely to have HIV/AIDS than White women.
- In Baltimore City, over 85% of all HIV cases are African Americans.
- Some risk factors for HIV include: multiple partners, unprotected sex, incarceration, sexually transmitted diseases (STDs), sharing needles, and drug abuse.

Prevention at your fingerTips:

Tip 1: Get tested. Know your status. "Spread the word, not the disease...AIDS is no joke." Call to find free testing, counseling and treatment in your area: 1-800-232-4636 or 410-396-0176.

Tip 2: Do not share needles. Call to find where you can exchange your needles: 410-947-5700.

Tip 3: Use condoms every time. Call to find where you can get free condoms: 1-800-232-4636 or 410-396-0176.

Tip 4: Get help with alcohol and drug abuse. Call Baltimore Substance Abuse Services: 410-637-1900.

FREE TESTING AVAILABLE!

African American Heritage Festival
Saturday, June 28 – 12 p.m. – 10 p.m.
Sunday, June 29 – 12 p.m. – 8 p.m.

M& T Bank Stadium
333 Camden St.
410-235-4427

Resources and References

The Baltimore City Health Department

<http://www.baltimorehealth.org/dataresearch.html>

Maryland Department of Health and Mental Hygiene. AIDS Administration.
Baltimore City HIV/AIDS Statistics Fact Sheet (2008).

<http://www.dhmh.state.md.us/AIDS/Data&Statistics/NewBalQtrEpi.pdf>

Health and Human Services-Women and HIV/AIDS

<http://www.womenshealth.gov/hiv/>

Spread the word, not the disease

www.Spreadthewordbaltimore.org