

# PREVENTION WEDNESDAY

SUN MON TUE THUR FRI SAT

City of Baltimore Health Department

## Baltimore City Employees

Full-time and permanent part-time employees will be granted up to 4 hours per year to use for cancer screenings.

This time will not be counted toward an employee's sick, personal or vacation time.

To ensure appropriate coverage at the worksite, prior approval from supervisor for the 4-hour leave is required.

Certification Form must be completed by Physician/Medical Facility and returned to supervisor (Labor Commissioner)

**Colorectal – Adults over 50 or sooner if family history and/or risk factors**

**Breast Cancer – Women over 40 or sooner if family history**

**Cervical Cancer – Start 3 years after first sexual activity but no later than age 21**

**Prostate Cancer- Men over 50 or sooner if family history and/or risk factors**

**Oral Cancer – All adults 40 years of age and older**

If you do not have a physician, you may call either the Mercy Medical Center or University of Maryland Medical Center. Please identify yourself as a City employee covered by health insurance. All results are strictly confidential.