



## **Largest Regional Flu Vaccination Effort to Occur November 2<sup>nd</sup> & 3<sup>rd</sup>**

Baltimore, Maryland (October 24, 2008)—It is not too late to get a flu shot! Wherever you are in Central Maryland on November 2<sup>nd</sup> or 3<sup>rd</sup>, a clinic will be taking place. The following local health departments will hold FREE or low-cost flu vaccination clinics the first Sunday or Monday of November: Anne Arundel County, Baltimore City, Baltimore County in conjunction with St. Joseph Medical Center and Franklin Square Hospital, Carroll County, Cecil County, Harford County and Howard County. See the attached schedule for clinic details. Each jurisdiction will utilize the clinics as opportunities to:

- Prevent seasonal flu from becoming wide-spread;
- Increase the number of people being vaccinated against influenza per the Centers for Disease Control and Prevention's recommendations; and
- Test local public health readiness plans to respond to disasters.

The flu is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccination each year.

Every year in the United States, on average:

- 5% to 20% of the population gets the flu;
- more than 200,000 people are hospitalized from flu complications; and
- about 36,000 people die from flu.

Those who are encouraged to get an annual flu shot are:

- Children 6 months to 18 years of age;
- Pregnant women;
- People age 50 and older;
- Health care workers;
- People with certain health conditions who are at high risk for serious flu complications; and
- People who live with or care for those at high risk for complications from flu.

**For more information on flu clinics being offered in your area, contact your local health department.**

Anne Arundel County	410-222-7343	<a href="http://www.aahealth.org">www.aahealth.org</a>
Baltimore City	410-396-4398	<a href="http://www.baltimorehealth.org">www.baltimorehealth.org</a>
Baltimore County	410-887-2723	<a href="http://www.baltimorecountymd.gov">www.baltimorecountymd.gov</a>
Carroll County	410-876-4923	<a href="http://www.carrollhealthdepartment.dhmd.md.gov">www.carrollhealthdepartment.dhmd.md.gov</a>
Cecil County	410-996-1005	<a href="http://www.cecilcountyhealth.org">www.cecilcountyhealth.org</a>
Harford County	410-612-1779	<a href="http://www.harfordcountyhealth.com">www.harfordcountyhealth.com</a>
Howard County	410-313-6503	<a href="http://www.hchealth.org">www.hchealth.org</a>

## REGIONAL FLU VACCINATION CLINICS—NOVEMBER 2<sup>nd</sup> 3<sup>rd</sup>

COUNTY	LOCATION	DATE	HOURS OF OPERATIONS	TYPE OF CLINIC	COST	PATIENTS
Anne Arundel	<b>Anne Arundel Community College</b> <i>CADE Building—101 College Parkway, Arnold, MD 21012</i>	11/3/08	9:00 am to Noon & 1:00 pm to 3:00 pm	Walk-in	Free <i>Donation Appreciated</i>	All ages
Baltimore City	<b>Forest Park Senior Center</b> <i>4801 Liberty Heights Avenue, Baltimore, MD 21207</i>	11/3/08	10:00 am to 1:00 pm	Walk-in	Free	ADULTS ONLY
Baltimore	<b>Franklin Square Hospital Center/CCBC-Essex</b> <i>Rossville Boulevard &amp; College Drive</i>	11/2/08	10:00 am to 2:00 pm	Drive-thru	Free	All ages
	<b>St. Joseph Medical Center</b> <i>7601 Osler Drive, Towson, MD 21204</i> <i>Noppenberger Auditorium</i>		Noon to 4:00 pm	Pre-registration Preferred <b>Call: 410-337-1479</b>	Free	9 yrs old and above
Carroll	<b>Carroll County Health Department</b> <i>290 South Center Street, Westminster, MD 21158</i>	11/3/08	9:00 am to 3:00 pm	Walk-in	\$20.00	ADULTS ONLY
Cecil	<b>Cecil County Health Department</b> <i>401 Bow Street, Elkton MD 21921</i>	11/3/08	10:00 am to 7:00 pm	Walk-in	\$20.00	All ages
Harford	<b>Ripken Stadium</b> <i>873 Long Drive, Aberdeen, MD 21001</i>	11/3/08	10:00 am to 2:00 pm	Drive-thru	\$20.00	All ages
Howard	<b>Columbia Gateway Drive</b> <i>Columbia, MD 21046</i> <i>*Magellan Heath Parking Lot (6950 Columbia Gateway Drive)</i> <i>*Fulton Lot (Robert Fulton/Columbia Gateway Drive)</i>	11/2/08	10:00 am to 2:00 pm	Drive-thru	Free	All ages
	<b>Howard County Fairgrounds</b> <i>2210 Fairgrounds Road, West Friendship, MD 21794</i>					

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