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FOR IMMEDIATE RELEASE

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Health Commissioner and Executive Director of Enoch Pratt Free Library Partner to Prevent Heart Disease

Baltimore, MD (February 13, 2008)- Baltimore Health Commissioner Dr. Joshua Sharfstein and Executive Director of the Enoch Pratt Free Library Dr. Carla Hayden are partnering to unveil a new heart disease prevention storefront window at the Enoch Pratt Free Library. The new window will be revealed February 13th at noon.

Heart disease is the leading cause of death in Baltimore City. Leading medical journals confirm that educating the public about heart disease risk factors, such as smoking, high blood pressure, and physical inactivity, is an effective tool to reduce deaths due to heart disease. February is American Heart Month and an ideal time to educate the public about what they can do to decrease their risk of heart disease.

“I believe that a partnership between Enoch Pratt Free Library and the Health Department will bring prevention messages to more residents of Baltimore, and will help to educate residents about the implications of heart disease and other preventable causes of death,” commented Dr. Joshua M. Sharfstein, Commissioner of Health.

Events will be held throughout the month to promote cardiovascular health. On Tuesday, February 26, Sister to Sister will hold a Women’s Heart Health Fair at the Convention Center in Hall A. Free screenings, cooking demonstrations, and more will be offered. For more information, please see: <http://www.sistertosister.org/fairs/baltimore.php>

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