

CITY OF BALTIMORE

SHEILA DIXON, Mayor



HEALTH DEPARTMENT

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For Immediate Release

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Free Nicotine Patch and Gum Available for City Residents

May 13, 2007- The Baltimore City Health Department is announcing that for a limited time, any city resident who wants to quit smoking can receive FREE nicotine patches or gum by calling 1-800-QUIT-NOW.

Callers also receive free telephone counseling sessions with experienced smoking cessation experts.

"Quitting smoking is one of the most important steps you can take to improve your health," said Dr. Joshua M. Sharfstein, Commissioner of Health. "I urge everyone who wants to quit to call 1-800-QUIT-NOW today."

1-800-QUIT-NOW is a quitline funded by the state of Maryland and run by Free and Clear. Nicotine replacement therapy for city residents is funded through the city's allocation of the Maryland tobacco control program.

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