



# Baltimore City Health Department

1001 E. Fayette Street • Baltimore, Maryland 21202

*Stephanie Rawlings-Blake, Mayor – Oxiris Barbot, M.D., Commissioner of Health*

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*For Immediate Release*

## **HEALTH ALERT**

### **Code Blue Extended For Friday, Jan. 20, 2012**

**BALTIMORE, MD (January 20, 2012)** — Because anticipated low temperatures are a potential danger to health, Baltimore City Health Commissioner Dr. Oxiris Barbot is extending yesterday's Code Blue cold weather alert through tonight, Friday, Jan. 19, 2012. As a result of the Code Blue declaration, emergency shelters will keep extended hours. Emergency workers will conduct outreach for vulnerable residents.

“Deaths from prolonged exposure to the cold, or hypothermia, are highly preventable,” said Commissioner of Health Dr. Oxiris Barbot. “We must remain vigilant in our efforts to meet the needs for our homeless population, but also seniors, those with chronic medical conditions and especially those living without heat.”

#### **Cold Weather Tips for Staying Healthy:**

- Wear multiple layers of loose-fitting clothing.
- Always wear a head covering, like a hat and/or scarf, when outdoors.
- Keep space heaters and candles away from flammable materials, such as curtains, furniture and loose clothing.
- Drink plenty of fluids and avoid alcoholic beverages.
- Check on those who are elderly and/or chronically ill.
- Provide appropriate shelter for domestic animals.

Individuals with a known heart condition are reminded of the danger of physical exertion in colder temperatures.

Residents lacking heat are reminded of the dangers of carbon monoxide poisoning from using generators in enclosed spaces or burns caused by alternate heating sources. Energy

assistance may be available to those who need it. For more information on energy assistance, contact the Office of Home Energy at 410-396-5555.

There are 10 emergency shelters currently operating in Baltimore City. A complete listing, with address and hours of operation, follows.

**Shelter Information:**

**Shelter for Individuals-**

<b>Shelter Name</b>	<b>Hours of Operation</b>	<b>Address</b>	<b>Phone Number</b>
<b>Harry &amp; Jeannette Weinberg Housing &amp; Resource Center</b> (men and women)	Open 24 hours	620 Fallsway Baltimore, MD 21202	443-478-3777
<b>American Rescue Workers</b> (men only)	Open between 4:30 p.m. and 6pm until 7 a.m. Exceptions made on a case-by-case basis during weather.	1401 South Hanover Street Baltimore, MD 21230	410-539-0816
<b>Baltimore Rescue Mission</b> (men and women)	Open at 5 p.m. (Mon., Wed., and Fri.) and 6 p.m. (Tues., Thurs, and Weekends) until 6:30 a.m.	4 North Central Avenue Baltimore, MD 21202-4622	410-342-2533
<b>Helping Up Mission</b> (men only)	Open at 3 p.m. until 6 a.m. Hours and intake may be modified if warranted by weather conditions.	1029 East Baltimore Street Baltimore, MD 21202	410-675-7500
<b>Men's Overflow Shelter</b>	Clients are transported by bus from 620 Fallsway	Undisclosed location	
<b>New Vision House of Hope (women only)</b>	(Referrals only. No walk-ins.) Clients are transported from the Weinberg Housing Resource Center between 6pm and 7 p.m. and stay until 9 a.m. the following day.	3931 Ridgewood Ave. (Office location. Shelter beds are at 3 separate locations.)	410-466-8558

**Shelters for Women with Children:**

<b>Shelter Name</b>	<b>Hours of Operation</b>	<b>Address</b>	<b>Phone Number</b>
<b>Christ Lutheran Place (women &amp; women with children)</b>	Open 24 hours	701 S. Charles Street Baltimore, MD 21202	410-752-1285
<b>Salvation Army/Booth House (women &amp; families)</b>	Open 24 hours	1114 N. Calvert Street Baltimore, MD 21202	410-685-8878
<b>Mount Street/Sarah's Hope (women &amp; women with children)</b>	Open 24 hours	1114 Mount Street Baltimore, MD 21217	410-396-2204 410-396-2205
<b>Karis Home (women &amp; women with children)</b>	Open between 5 p.m. and 8 a.m. Exceptions made on a case-by-case basis during inclement weather.	1228 East Baltimore Street Baltimore, MD 21202-4709	410-342-1323

For more information on Code Blue, visit our Website at [www.baltimorehealth.org](http://www.baltimorehealth.org).

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