

CARDIOVASCULAR DISEASE EDUCATION

Information resources

American Diabetes Association

National organization offering online education. Sponsors **Project Power** and **Choose to Live**, community and faith-based programs targeting African Americans.

- For more information: <http://www.diabetes.org>

American Heart Association

National organization offering online education and the **Search Your Heart Program** (see above).

- For more information: (410) 685-7074
<http://www.americanheart.org/>

American Stroke Association

National organization offering online educational resources.

- For more information: <http://www.strokeassociation.org>

Be Fit Baltimore

Website lists upcoming local fitness events. Provides online education.

- For more information: <http://www.befitbaltimore.com>

Sister to Sister: The Women's Heart Health Foundation

Offers online education and sponsors a yearly health fair (see above).

- For more information:
Allison Buchalter
(410) 339-5100, ext. 212
<http://www.sistertosister.org/>

The Heart Truth, US Dept of Health and Human Services

National campaign to increase awareness and provide public education. Also provides education to healthcare professionals. Focus on women.

- For more information: <http://www.womenshealth.gov/hearttruth/>

Healthy Hearts, Sugar Smart, Miracle Temple

Educates church members on heart disease, diabetes management, prevention, and where to get help.

- When: Thursday afternoons
Next health fair May 31, 2009
- For more information: <http://www.fccwa.org/>

Maryland Health Go Local, University of Maryland

Website -Maryland Health → Go Local is a directory of local health-related services and programs serving the citizens of Maryland. The directory listings link to reliable health information provided by the National Library of Medicine's MedlinePlus database.

- For more information: [Medlineplus.gov/Maryland](https://medlineplus.gov/Maryland)