

CARDIOVASCULAR HEALTH SCREENING

Free health screening

Baltimore Fire Department

Free blood pressure screening.

- When: Monday- Friday 10am-7pm
- Where: any Baltimore City fire department

C.H.A.M.P. (Church/Community Health Awareness & Monitoring Program), and the University of Maryland

Free screenings performed by trained community and church volunteers.

- For more information: (410) 669-6340
<http://medschool.umaryland.edu/champ/>

Good Health Center, Good Samaritan Hospital

Free walk-in blood pressure screening.

- When: Monday – Friday 9am-4pm
- Where: Good Samaritan Hospital
Good Health Center (above ED)
5601 Loch Raven Blvd.
Baltimore, MD 21239
- For more information: (443) 444-4100

Good Samaritan and Rosa Ragin's Congregation

Periodic health fairs and screenings.

- For more information:
Debbie Bena (parish nurse)
(443) 444-4793

Hair, Heart & Health, CareFirst BlueCross BlueShield and the University of Maryland

Free cardiovascular screenings performed by trained barbers and hair stylists

- For more information:
Ina Glenn-Smith
(410) 669-6340

Health Link 2000, Maryland General Hospital

Free walk-in screening.

- When: Monday- Friday
- Where: Maryland General Hospital
821 N Eutaw
Profession Building, Rm 107
Baltimore, MD 21201
- For more information: (410) 225-2000
<http://www.marylandgeneral.org/classes/screenings.htm>

Health of Life/ Salud para la vida, CareFirst BlueCross BlueShield and Baltimore Medical System

Periodic health screenings.

- When: next screening Latino Health Fair May 16th, 2009

- For more information:

Miriam Kaiser

(410) 558-4077

Hopkins Day at the Market, Urban Health Institute, Johns Hopkins School of Public Health
Weekly hypertension screening and lifestyle counseling; monthly stroke screening.

- When: Blood pressure screening every Wednesday. Monthly stroke screenings.

- Where: Northeast Market

2101 E. Monument St.

Baltimore, MD 21205

LifeBridgeHealth Women's Heart Program, Mt. Sinai and Northwest Hospitals

\$10 heart & lifestyle screening. Blood pressure, lipid panel, glucose, body composition, counseling with a R.N., exercise & nutrition information, heart health risk assessment. High risk results reviewed by a cardiologist.

- When: Monthly

- Where: Locations throughout the city

- For more information:

Kristen Diaz

(410) 521-7974

St. Agnes Hospital

Free walk-in bimonthly screenings.

- When: First and third Tuesdays 12:30pm-2:30pm

- Where: St Agnes Hospital Lobby

900 Caton Ave.

Baltimore, MD 21229

- For more information: (410) 368-3330

St. Mark's United Church of Christ, St. Agnes Hospital

Free weekly screenings.

- When: Every Wednesday 1:00pm- 3:00pm

Call for an appointment

- Where: St. Mark's United Church of Christ

1805 Wickes Avenue

Baltimore, MD 21230

- For more information: (410) 644-6655

www.stagnes.org

Annual health fairs

Go Red for Women's Annual health fair at Macy's, American Heart Association

- For more information: (410) 685-7074

Lexington Market Annual Health Fair

Blood pressure, cholesterol, blood sugar testing.

- Where: Lexington Market

400 W. Lexington St.

Baltimore, MD 21201

- For more information: <http://www.lexingtonmarket.com/annual.html>

Sister to Sister: The Women's Heart Health Foundation Annual health fair

Annual health fair.

- For more information: <http://www.sistertosister.org/>