

## ***ANNUAL HEALTH FAIRS***

### **Go Red for Women 3<sup>rd</sup> Annual Fashion Show and Health Fair**

Event will educate women about the risks of heart disease as well as celebrate the lives of local heart survivors. This spectacular fashion show will showcase Macy's top designers with their NEW signature red fashions and production by KIS modeling agency! The event is free and open to the public. Event is sponsored by Macy's, the American Heart Association and LifeBridge Health.

- When: TBA, 2010, 10am-2:30pm
- Where: Towson Town Center, 3<sup>rd</sup> Floor in front of Macy's Department Store  
825 Dulaney Valley Road  
Towson, MD 21204
- Contact information: Call (410) 637-4569 or visit [www.goredforwomen.org](http://www.goredforwomen.org).



### **Take a Loved One to the Doctor Day**

Join the University of Maryland Medical System for free screenings for blood pressure, blood sugar, cholesterol and more. You can also pick up information on ways to stay healthy and meet with doctors to answer your health questions.

- When: Spring Annually, specifics TBA
- Where: Mondawmin Mall
- Contact information: Call 1-800-492-5538



### **From the Heart**

An afternoon of heart health education for the entire family sponsored by the University of Maryland Medical System. Free.

- When: February 28, 2010, 1pm-5pm
- Where: The Reginald F. Lewis Museum of Maryland African-American History and Culture  
830 E. Pratt Street  
Baltimore, MD 21202
- Contact Information: RSVP at 1-800-492-5538

*From the Heart*

