

HEALTH SCREENINGS:

Baltimore Fire Department Blood Pressure Screenings:

Free blood pressure screenings.

- When: Monday- Friday, 10am-7pm
- Where: Any Baltimore City fire department.
- Contact Information: Visit <http://baltimorecity.gov/government/fire/> to locate the nearest fire station.



Northeast Market Stroke Screenings:

Monthly stroke risk screening. Participants will receive counseling about risk factors, healthy habits (eating, exercise, smoking cessation) and about stroke symptom. Attendants will participate in a "Stroke Quiz" to win a chance to "spin the wheel" for a prize. Sponsored by the Johns Hopkins Stroke Center Community Outreach Program.

- When: Last Wednesday of every month, 11am-1:00pm (no screening in February)
- Where: Northeast Market
2101 E. Monument Street
Baltimore, MD 21205
- Contact Information: Brenda Johnson, Stroke Center Coordinator at (410) 614-0522 or bjohns75@jhmi.edu.



Good Health Center Blood Pressure Screenings:

Keeping your blood pressure under control prevents a plethora of health conditions. What's yours? Get a free screening courtesy of our Good Health Center community outreach nurses.

- When: Monday – Friday, 9am-4pm
- Where: Good Samaritan Hospital
Good Health Center (above ED)
5601 Loch Raven Blvd.
Baltimore, MD 21239
- Contact Information: Call (443) 444-4100 or visit <http://www.goodsam-md.org/body.cfm?id=555661>.

GOOD HEALTH CENTER | *Live the Good Life.*



Health Link 2000 Blood Pressure Screenings:

Maryland General Hospital offers free blood pressure screenings. Take advantage of free community health care - have your blood pressure checked, because high blood pressure may increase your risk of stroke, heart disease and kidney disease. Also, provides free screenings for diabetes, cholesterol, pregnancy and tuberculosis.

- When: Monday- Friday, 8am-4:30pm
- Where: Maryland General Hospital
821 N. Eutaw
Profession Building, Rm 107
Baltimore, MD 21201
- Contact Information: Call (410) 225-2000 or visit <http://www.marylandgeneral.org/classes/screenings.htm>.



Saint Agnes Hospital

Blood Pressure Screenings:

Join Saint Agnes for free blood pressure screenings held bimonthly. There is no registration required for these and they are given on a first come first serve basis.

- When: 1st and 3rd Tuesdays, 12:30pm-2:30pm
- Where: Saint Agnes Hospital Lobby
900 Caton Ave.
Baltimore, MD 21229
- Contact Information: Call (410) 368-3330 or visit <http://www.stagnes.org/events/index.html> for more information.

Cholesterol Screenings: Cholesterol Control - The Lipid Management Program

The program is a complete cardiovascular risk evaluation and an opportunity to work with a cardiologist, nurse educator, dietician and exercise specialist to improve your cholesterol levels and reduce your risk of heart disease.

- When: Appointments only
- Where: Saint Agnes Hospital
900 Caton Ave.
Baltimore, MD 21229
- Contact Information: Call (410) 368-2246 or visit <http://www.stagnes.org/events/index.html> for more information.

Free Health Screenings:

The screenings will consist of blood pressure, blood sugar and cholesterol depending on calendar. Blood sugar and cholesterol will be checked every 3 months. The screenings are given on a first come, first serve basis. This is a non-fasting screening. Registration is not required for these screenings. Sponsored by Saint Agnes Hospital.

- When: Monthly, 10am, contact directly for upcoming dates
- Where: Security Square Mall
6901 Security Boulevard
Baltimore, MD 21244
- Contact Information: Call (410) 368-2246 or visit <http://www.stagnes.org/events/index.html> for more information.

