

**Events Sponsored by Sinai and Northwest Hospital Center**  
**For eligibility and appointments, please call (410) 601-9355**

October 8, 2007

4:15 PM

Prostate Cancer Screenings  
Northwest Hospital Education Center  
Pre-registration is required

Oct. 9, 16, 23, 30 and Nov. 6, 2007

6:30 – 7:30 PM

“Up in Smoke”: Five week quit smoking plan funded by the Baltimore City Health Department including nicotine replacement, behavioral modification and support.

Northwest Hospital Education Center  
Pre-registration is required

Nov. 13, 20, 27 and Dec. 4, 11, 2007

6 PM – 7 PM

“Up in Smoke”: Five week quit smoking plan including nicotine replacement, behavioral modification, and support.

Sinai Hospital Cancer Institute  
Pre-registration is required

**Events Sponsored by Greater Baltimore Medical Center**

PROSTATE CANCER SCREENINGS

5:30 p.m. \* 7:00 p.m. \* Radiation Oncology Lobby

More men will be diagnosed with prostate cancer this year than any other cancer.

2007 - \* Sept. 25<sup>th</sup> \* Oct. 9<sup>th</sup> \* Nov. 13<sup>th</sup> ;

2008 - \* Mar. 4<sup>th</sup> \* Apr. 8<sup>th</sup> \* May 6<sup>th</sup> \* Jun. 3<sup>rd</sup> Sept. 23<sup>rd</sup> \* Oct. 22<sup>nd</sup> \*  
Nov. 18<sup>th</sup>

PLEASE CALL 443-849-3080 TO REGISTER

VOICE SCREENINGS

3:00 p.m. \* 5:00 p.m. \* Dance Head and Neck Center

Voice screenings are held the fourth Thursday of each month.

PLEASE CALL 443-849-2087 TO REGISTER

SKIN CANCER SCREENINGS

5:30 p.m. \* 7:00 p.m. \* Radiation Oncology Lobby

Over 59,000 people will be diagnosed with melanoma this year.

2008 \* April 29<sup>th</sup> \* May 20<sup>th</sup> \* June 17<sup>th</sup> September 9<sup>th</sup>

PLEASE CALL 443-849-3080 TO REGISTER

**Men’s Blue Suit Health Awareness Weekend**  
**Resource Guide**

**American Cancer Society**

1 (800) 227-2345

[www.cancer.org](http://www.cancer.org)

Call 24 hours a day, 7 days a week, for information about local cancer screenings and information on cancers and their treatment, including information about the prevention and early detection of cancer.

**American Diabetes Association**

(410)265-0075

[www.diabetes.org](http://www.diabetes.org)

The American Diabetes Association is the leading authoritative source of information for people with diabetes and their families. Through a variety of programs focused on reaching the diagnosed and those at high risk, the Association works to achieve its mission of preventing and curing diabetes and improving the lives of all people affected by diabetes.

**Baltimore City Health Department**

(410) 396-4398

[www.baltimorehealth.org](http://www.baltimorehealth.org)

**Bon Secours Baltimore Health System**

(410) 362-3575

**Greater Baltimore Medical Center**

(443) 849-2000

[www.gbmc.org](http://www.gbmc.org)

**Hopkins Kimmel Cancer Center**

(410) 955-1348

The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins provides prostate, colorectal, and breast cancer screenings to eligible, uninsured residents of Baltimore City. Please call to schedule an appointment.

**Sinai and Northwest Hospital Center**

(410) 601-9355

Sinai and Northwest Hospital Center offer a variety of screenings, health education classes, fitness classes, yoga and more.

**St. Joseph Medical Center**

(410) 337-1479

[www.sjmcnd.org](http://www.sjmcnd.org)

St. Joseph Medical Center offers a wide variety of free screenings and educational programs for the community.

**Total Health Care, Inc.**

(410) 728-5919

[www.totalhealthcare.org](http://www.totalhealthcare.org)

**University of Maryland Statewide Health Network**

(410) 706-1040

A community-based, statewide and regional infrastructure, which supports and conducts a wide variety of cancer and tobacco related disease prevention and control activities.

## Events

- September 15, 2007  
9 AM – 12 NOON  
Vascular, Ear Nose and Throat, Body Mass Index, Blood Pressure and Glucose Screenings  
Bon Secours Hospital, Pulaski and Baltimore Street  
Contact: 410-362-3575  
Sponsor: Bon Secours Baltimore Health System
- September 16, 2007  
11 AM  
Blood Pressure and Diabetes Screenings  
Union Baptist Church, 1219 Druid Hill Ave. Baltimore, MD 21217  
(Available before, during and after Sunday service)  
Contact: Rev. Alvin Hathaway – (510)523-6880  
Sponsor: Total Health Care, Inc.
- September 16, 2007  
8 AM - 2 PM  
Blood Pressure and Diabetes Screenings  
The Empowerment Temple, 4217 Primrose Ave. Baltimore, MD 21215  
(Available before, between and after services as not to disrupt Sunday services)  
Contact: Alma Myles – (443)413-7686  
Sponsor: Total Health Care, Inc.
- September 21, 2007  
12 NOON - 3 PM  
Free Prostate Cancer Screenings  
Helping Other People through Empowerment  
1426 Fairmount Avenue, Baltimore MD 21213  
Sponsor: Hopkins Kimmel Cancer Center
- September 30, 2007  
8 AM - 12 NOON  
Free Prostate Cancer Screenings for eligible men up to 80 years  
Pre-registration preferred, but walk-ins accepted until 11:30 a.m. Call 410-337-1479 for eligibility requirements.  
St. Joseph Medical Center – Cancer Institute  
7601 Osler Drive Towson, MD 21204  
Sponsor: St. Joseph Medical Center
- October 6, 2007  
9 AM - 3 PM  
Free Prostate Cancer Screening  
Knox Presbyterian Church, 1300 N. Eden Street, Baltimore MD 21213  
Sponsor: Hopkins Kimmel Cancer Center

October 27, 2007

10 AM – 2 PM

Free Prostate Cancer Screening  
Friendship Baptist Church,  
4417 Loch Raven Blvd., Baltimore, MD 21218  
Sponsor: Hopkins Kimmel Cancer Center

## Events Sponsored by Sinai and Northwest Hospital Center

### **For eligibility and appointments, please call (410) 601-9355**

- September 25, 2007  
9 AM  
Health Fair, Randallstown Library  
Screenings include – Free Blood Pressure and Breathing Screenings; Blood Profile (\$25 fee); Heart Health Assessment with results reviewed by a cardiologist (\$10 fee).
- September 25, 2007  
4 PM  
Peripheral Arterial (Vascular) Disease Screenings (for those not diagnosed)  
Northwest Hospital Outpatient Center  
Pre-registration is required
- September 27 and October 4, 2007  
6:30 – 8:30 PM  
Two Part Series: Finding Peace in a Stressful World  
Northwest Hospital Education Center  
Pre-registration is required
- October 2, 2007  
6:30 – 8:30 PM  
Diabetes Management Class “Diabetes and Your Diet” with Michele Acotalise, R.D., L.D. Also, “Diabetes and Lower Extremity Care: Prevention and Treatment” with N. Paul Zemankiewicz, D.O.  
Northwest Hospital Education Center  
Pre-registration is required
- October 16, 2007  
11 AM - 1 PM  
Blood Pressure Screenings  
Boscov’s – Owings Mill Mall  
Pre-registration is not required