

**CHARM CITY HEALTH AWARD FOR NUTRITIONAL INFORMATION**  
**BALTIMORE CITY'S FOOD FACILITY**  
**RECOGNITION AWARD APPLICATION**

Date of Application: \_\_\_\_\_

Name of Establishment: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Person Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Required Attachments to this application:**

- a) A copy of your nutritional information handout and a copy of your menu stating that you provide this information upon request;
- b) A copy of your nutritional list handout and a photograph of your signage that states that nutritional information is available; **OR**
- c) A photograph of your nutritional list poster

**Charm City Health Award for Nutritional Information Requirements:**

For establishments with 15 or more locations nationally:

1. Have the following information for ALL entrees:
  - a. Total number of calories;
  - b. Total number of grams of saturated fat;
  - c. Total number of grams of carbohydrate; and
  - d. Total number of milligrams of sodium
- The establishment shall conspicuously display the nutritional information prior to the time of purchase. Such written material may include a poster, brochure, menu, menu board, display card or any other written material that is readily visible or generally provided to customers at or near the point of purchase. In a drive-through situation, the establishment shall conspicuously display the nutritional information at or near the point of purchase (e.g. a small mailbox of brochures in the drive-through area).
- The provided nutritional information must include calories, saturated fat, sodium, carbohydrates, and may not vary by more than twenty percent (20%) of the actual content of a particular standardized menu item.

- The following statement must be included with the above information, “For a typical adult who consumes 2,000 calories a day, the recommended limits are 20 grams of saturated fat and 1,500 milligrams of sodium.”
- An establishment may use a substitute ingredient for any menu item for no more than 30 days without replacing the nutritional information.
- The following items are exempt from this award’s qualifying criteria:
  - a) Daily specials and other items that appear on the menu for less than 30 cumulative days per calendar year
  - b) A test-market menu that appears on the menu for less than 90 cumulative days per calendar year

**OR**

For establishments with less than 15 locations nationally:

2. Have the following information for 3 popular entrees:

- a. Total number of calories;
- b. Total number of grams of saturated fat;
- c. Total number of grams of carbohydrate; and
- d. Total number of milligrams of sodium

- The establishment shall conspicuously display the nutritional information prior to the time of purchase. Such written material may include a poster, brochure, menu, menu board, display card or any other written material that is readily visible or generally provided to customers at or near the point of purchase.
- The provided nutritional information must include calories, saturated fat, sodium, carbohydrates, and may not vary by more than twenty percent (20%) of the actual content of a particular standardized menu item.
- The following statement must be included with the above information, “For a typical adult who consumes 2,000 calories a day, the recommended limits are 20 grams of saturated fat and 1,500 milligrams of sodium.”

**Notification:**

The Bureau of Food Control will notify you if your establishment meets the criteria for the Charm City Health Award for Nutritional Information. Once you have been notified, a certificate recognizing your award status will be mailed to you within one week.

Thank you for your interest in protecting the public health of Baltimore City residents and visitors!