

Keep the Beat

Dance for your heart

Friday, February 17, 2012

10am to 2pm Snow date: February 24
Vollmer Center (Cylburn Arboretum)
4915 Greenspring Avenue, Baltimore, MD 21209

\$5.00 ticket fee includes bus transportation from selected senior sites, a gourmet heart healthy lunch, and other give-aways!

This event is designed to keep your heart rate up, keep your feet moving, and help you dance your way to better heart health!

Free dancing demonstrations, line dancing, and much much more!

Call 410-396-2920 to reserve your spot no later than February 4th.

Advanced tickets required for admittance. Ample Parking.
Space is limited, call early and be sure to wear your athletic wear!



STEPHANIE RAWLINGS-BLAKE
MAYOR



UNIVERSITY of MARYLAND
MEDICAL CENTER